



Qwns Café Bakery Offers Healthy Choices to Astoria, Queens Customers

Favorite Baked Goods with Healthy Ingredients

Astoria, New York, May 8, 2018 (Newswire.com) - The hip boutique QWNS Café is trending healthy alternatives in Astoria, New York. QWNS Café bakes fresh recipes and bread daily in small batches from scratch, using only organic flours and no processed sugars. QWNS Cafe is setting an example of **a healthy lifestyle** by inspiring customers with amazing delicious natural recipes. QWNS Cafe uses date sugar and other natural alternative sweeteners like organic blue agave, and organic light brown sugar, they also use Tapioca Sorghum, Oat flour and other grains to blend their own Gluten Free (GF) Flour.

The owners, Tim Pappas and Dino Phillipou said; “We wanted to offer a **healthy choice** to customers in Queens to turn people on to eating their favorite recipes with **healthier ingredients**”. QWNS Café has a variety of specialty Vegan products both on the savory and sweet side. One of their biggest hits is their **Vegan croissant** made and hand rolled daily. No one comes even close to this croissant! QWNS cafe has an exclusive contract with the well known Joe Coffee Co., who is one of NYC top specialty coffee roasters, locally out of Red Hook, Brooklyn.

The Delicious baked goods of QWNS Café’s recipes are quarterbacked by Chef, Michael Romano, who won the sweet genius competition on Food Network when he was 21 years old. Chef Romano has evolved into a very versatile and talented chef and has been able to nail down the healthy vision and execute it seamlessly at QWNS Cafe.

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COMMUNICATIONS MANAGER

Some of his staple Gluten Free natural recipes include:

Matcha Infused White Chocolate Tart, Citrus Tart infused with QWNS Cafe House-mate Greek Yogurt, House-made Almond butter and Blackberry tart.

Brunch-Breakfast recipes include: Whole Egg Frittata served on QWNS Café hand rolled Croissant with Avocado and tomato jam, Signature Vegan Croissant made fresh daily with QWNS Café own house-made Vegan butter.

Specialty Vegan Gyro made with crispy Chia, eggplant, cucumber, radish slaw, spicy tahini, with alfalfa sprouts, on our house made Scallion Naan.

QWNS Bakery is changing Astoria, New York by being an example of Healthy Living. The owners hope to expand QWNS Café all over the United States and help spread the healthy natural recipes philosophy.

For more information: <http://www.qwnscafe.com>

QWNS Café: 22-35 31st, Long Island City, NY 11105/ 718.571.9130

Source: SUCCESS PLAN MEDIA

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